



The Travel Grant Report

When in June 2018 i received the amazing news that i had won the Travel Grant, i was super excited about the opportunity of going to an ECC/ICU facility for a period of time to train and to see practice.

Choosing where to spend my Travel Grant period was very difficult, as all the facilities had a great reputation, but my choice fell in Edinburgh, at the Royal (Dick) School for Veterinary Studies, where they allowed me to spend a whole month training in ECC/ICU with them.

Under the supervision of the amazing Emily Thomas and all the ECC/ICU team, a few objectives/topics which i would like to learn about, were set up, such as:

- Learn how to place and maintain central lines
- Arterial sticks and arterial catheterisation
- Total parenteral nutrition (How to set up, and how to administer)
- High flow oxygen
- Deal with a cot patient
- and basically everything else.

During my period in Edinburgh, we did not only focus in these objectives but as well in everything that came through the door as well as internal seminars in oncology, intraosseous catheters, and pathophysiology of shock for example.

Once the objectives were achieved i was allowed to deal with those patients and help in the placement of central lines and manage them, deal with high flow oxygen patients, do arterial sticks and set up the TPN and take care of the patients i had under my care.

In summary, i have learnt a lot in the last month about ICU/ECC but not only, which made my stay worth it.

The team in Edinburgh was so welcoming and so knowledgeable, which made it very easy for me to work with them as they were happy to answer any question i had. For that i have to address a big thank you to the ICU in Edinburgh but as well to everyone from the other departments who helped me and taught me.

For all of those thinking about applying for the 2019 edition of the Travel Grant, i would say: "Do it". It is indeed an amazing experience where you can apply your knowledge and skills, or learn about the daily routine in an ICU if you have no experience in this area but would like to.

Have to thank EVECCS for creating Travel Grant and for choosing me as the first winner of it. Will hope to put in practice everything i have learnt within this period of time.

Kind Regards,

Tiago Abreu, RVN, NCert(ECC), NCert(PracTeq), CC